



KWA WAZEE

Annual Report 2022

GREETINGS

Dear friends,

Holiday greetings and Happy new year from **KWA WAZEE!** I hope this report finds you well and gets into your commitment spirit.

I am kindly giving my sincerely thanks to all supporters-government, donors and beneficiaries. Thanks for your enthusiasm, generosity and your support which has helped to bring hope and smile to more than 30000 older people in year 2022.

We're truly grateful and therefore I am kindly delighted to share with you our annual report for the year 2022.

I look forward to catching up and continued partnering with you in the coming years until all older people lives dignified and secure lives. In the meantime, I wish you and your family joy.

Sincerely,
Lydia Peter Lugazia.
Executive Director
KWA WAZEE



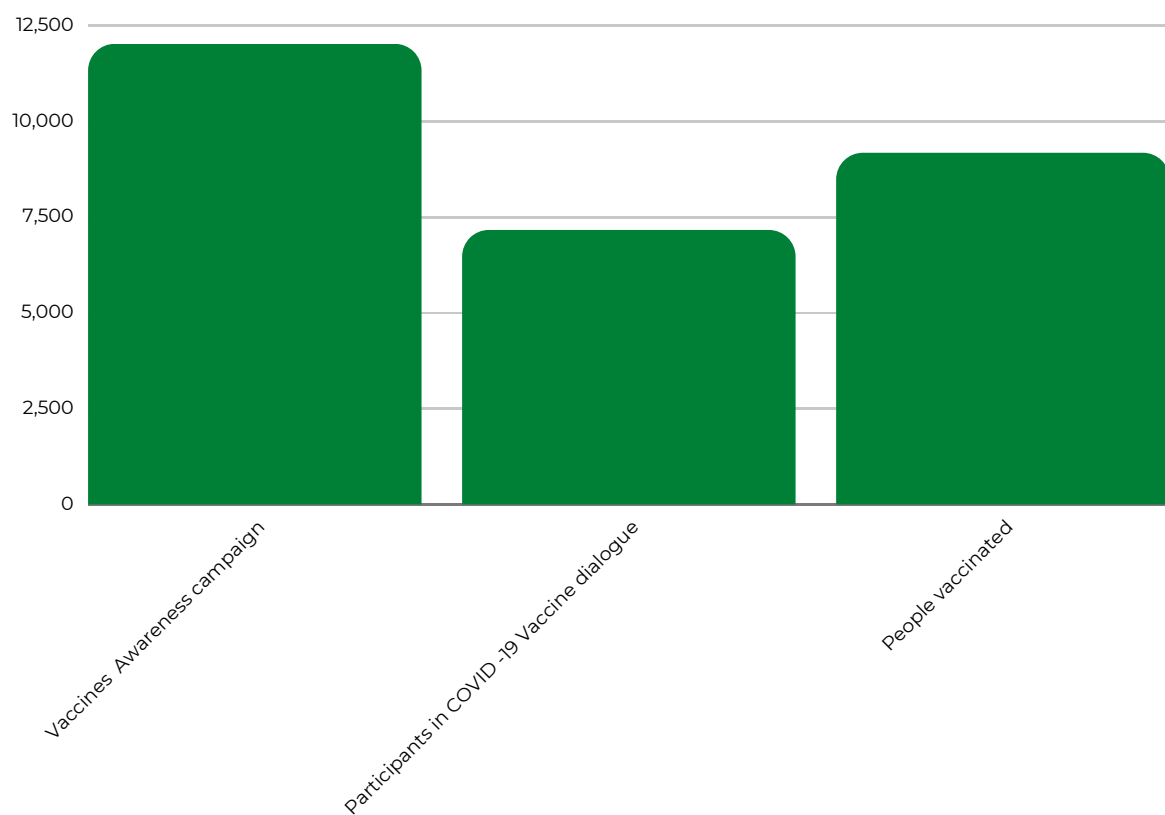
SUMMARY

- 30000 older people reached with COVID-19 prevention awareness campaign
- 995 older people reached with cash transfer
- 2160 older people trained and supported in income generating activities
- 2593 older people trained and supported in violence prevention
- 20 older people supported with cataract operation
- 7434 older people reported to get free medication from government health facilities
- 2500+ children supported with school materials
- 175 small animals distributed to children groups

COVID-19 Vaccine Promotion

Older people have been disproportionately affected by the COVID-19 pandemic - they are mostly at risk of severe illness and death, due to age-related risks and the higher prevalence of non-communicable diseases (NCD). Many factors reported to contribute to vaccine hesitancy among older people in Kagera Region-Tanzania were limited exposure to media, isolation, low literacy levels, limited health-seeking behavior, ageism, and other related factors. The project therefore focused on promoting older people - lead community mobilization and awareness-raising campaigns to increase COVID-19 vaccine uptake in Kagera region.

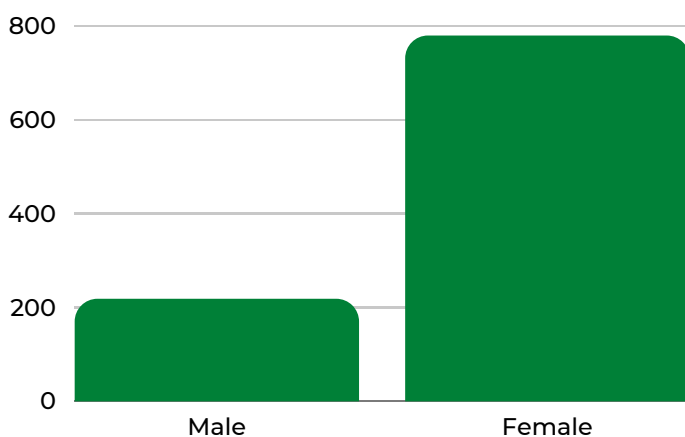
. The chart below represents the number of older people reached with COVID-19 Vaccine promotion and awareness project.



More than 12000 older people were reached with vaccine awareness campaign through community gatherings and use of TV and radio medias, 7042 community members also participated in community dialogues related to COVID-19 vaccines myths and at last more than 9145older people were vaccinated. More older people will be reached by end of March 2023. Accessibility of information to the public and increased access to COVID-19 vaccination which ensured colder people and community members health and wellbeing have been attained in Kagera Region.

Cash transfer to older people, children and PLHIV

Cash transfer programs are set to cater to vulnerable group's needs by ensuring that they receive proper financial security and adequate healthcare. Older Persons Cash transfer in Muleba District-Kagera is an example of such programs that focuses on the reduction of poverty, deprivation, vulnerability while at the same time promoting social justice and equity. The graph below shows number of older people reached with cash transfer.



This year the cash transfer program has benefited 995(217 male and 778 female) older people and 97 children in 8 wards and universal pension pilot in two villages of Muleba District.

Through the program, the extremely poverty has been reduced as older people are able to access food, improve their houses and access medical services. Monthly payment has contributed to improved assets as older people have purchased goats, renovating houses by installing iron sheets and solar lamps. They additionally paying school charges for their school-going grandchildren. Beneficiaries have also reported increased community reciprocal, trust to other community members and boosted local subsistence economy through cash circulation.

2022 ANNUAL REPORT Health Promotion and Support

Kwa Wazee health program is designed to support older people's physical and mental wellbeing through promotion of physical exercise, trainings and treatment support.

16 older people with cataract refractive errors were supported with cataract operation while 13 older people were supported with eye treatment and spectacles. Also, 17 older people (8 male and 9 female) from different areas who suffered from communicable and non-communicable diseases were supported for medical treatment and after treatment they acknowledged feeling released from anxiety and distress.

659 older people were trained on nutrition, immunity, communicable and non-communicable diseases and oriented on other different diseases like prostate gland, cervical cancer and Tuberculosis. 279 health program groups with more than 900 older people were supported with 110 balls for group exercises to promote body fitness.

Our program has contributed to improvement of older people's mobility which results to engagement in social activities



04 Older people empowerment through mutual support groups

Mutual support through older people groups is designed to provide psychosocial support to older people while improving their livelihoods. In 2022, mutual groups have increased from 148 to 162 groups with 2164(648 male and 1516 female) members participating in groups. In 2022, groups have saved 7,422,400 TZS equal to 3199 USD and they are engaging in small business, animal keeping such as pigs, chicken, sheep, and goats and now the livestock in groups counts 826 goats, 283 chicken, 89 sheep, and 218 pigs. Our beneficiaries have reported access to food and increased psychosocial support from group members, relatives and community members.



Also 41 older people(12 male and 29 female)supported with goats, 100 older people were supported with improved stoves while 8 older people were supported with water tanks. This has contributed to reduced expenditure in firewood and saved time to collect water in water sources and increased accessibility of clean water hence reduced of waterborne diseases.

Additionally, 810 older people were trained on leadership skills, problem solving and sustainable agriculture and livelihood, 875 avocado seedlings were distributed to the older people in groups.

2022 ANNUAL REPORT Advocating with and for older people

Older people's issues have been a low priority in the community through the government and other stakeholders are trying to intervene. Thus, Kwa Wazee advocates for promotion of changes in attitude, policies and security for older people.

The following efforts have been highlighted in 2022 as achievements under advocacy:

- 7434 older people got free medication from government health facilities
- 49% of OPC leaders reported to be involved in different government meetings decisions including security and health services committees
- More than 3000 older people got chance to address their demands and rights to government authorities and leaders through World older people`s day.
- Among of 39 older people supported on cases, 11 older people have won their cases and given back their properties

Our approach of advocating with and for older people has enabled trained OPC leaders to effectively engage in village, ward and district meetings to advocate for their rights and demands(*free medication, universal pension, protection against witchcraft accusation and land grabbing*).



Older people protection against violence

It is estimated that 1 of 6 older people is subject to abuse. According to WHO(2020), COVID-19 has caused considerable stress for people of all ages, living in low- and middle-income countries, especially women, who were already socially and economically disadvantaged before the pandemic. Self-protection program has been cemented to protect older people against physical, financial, psychological, verbal and sexual abuse, as well as neglect.



In 2022, self-protection trainings have been expanded to 3 wards of Muleba District and 167 older people were trained to lead groups trainings. The group visit were done aimed at discussing on current issues and situation on violence against older people in their respective areas. The active members in monthly trainings counted 2593 by end of December 2022.

There are increased security, self-determination, confidence and self-esteem to older people against violence including rapping, land grabbing and witchcraft accusation. However a massive education in violence prevention campaigns on ending violence against older people is still needed and local leaders engagement in handling violence cases is mostly required to ensure security of older people in the communities.

2022 ANNUAL REPORT TATUTANO Program

With aim of contributing to achievement the sustainable development goals, TatuTano continues to support equal access of education, food security and child protection.

Education support: In year 2022, we have distributed school materials to 1840 pupils of primary and 793 students of secondary schools and supported the fees of 43 students of Advanced Secondary Education schools and of 38 students in vocational trainings (VETA) and Teachers Training Colleges for education accessibility and academic improvement.

Economic empowerment and food security: Kwa Wazee also distributed 648 kg of beans to 89 groups, 387 kg of peanuts to 150 groups, 278 kg of maize, and 182 groups received vegetable seeds: carrot seeds, egg-plant, tomatoes, bitter, tomato spinach, onions, cabbage, green peppers and water melons. Also, we have distributed 29 sheep , 57 goats, 3 rabbits and 84 chickens.

Prevention against violence and HIV: This program aims at preventing violence against both girls and boys through training of both gender in their roles of preventing violence against them. 120 girls in three schools were trained self-defense training and 150 boys were trained on Peace is A decision.

19 children groups supported and trained in through I feel It project targets to empowering young children with age of 6 to 10 years in fighting against fear and gives the child self-confidence. Members counted 327 children's (202 girls and 125 boys). The trained adolescents have increased confidence, self-esteem, self-determination which make them protected from violence and HIV infections.

VIJANA BICYCLE CENTER



Vijana Bicycle Center is a program of Kwa Wazee aiming at bike sales and maintenance to promote bicycle mobility in Tanzania and educate youth in bicycle mechanic.

The program has established Bike2School initiative to supports children who move a long school journey for more than 2 hours by foot. The aim of initiative is aimed at reducing violence cases facing girl students in their way to and from school. Currently, the program has expanded to all students(boys and girls) who usually walk long journey by foot by affording quality bikes at subsidized price.

In 2022, this program has enabled 897 girls and boys to get bikes at subsidized price. The supported students reported to reach timely at their schools and attend their lessons hence increased academic performance and reduced dropout and early pregnancies cases.

Also, 12 youth completed their one year course in bicycle mechanics and entrepreneurship. Youth develop the skills to repair and prepare bicycles, and learn about customer relationship, stock management, marketing or sales.

Empowering Adolescents and Young people living with HIV/AIDS

READY+ project “*Resilient and empowered Adolescent and Young people living with HIV*” is implemented by Kwa Wazee in Kyerwa District, Kagera Region. The READY project is built to empower AYPLHIV (10-24 years) on informed choices about their bodies and their lives, HIV prevention, safe and supportive communities advance gender equality, access to, and use of, high quality, integrated and comprehensive HIV, SRHR and mental health services , and ensure improved skills and better choices/options to secure livelihoods.

In collaboration between AFRICAID and REPPSI Tanzania, 10 (09 female & 01 male) peer supporters/CATS were trained and mentored on their roles and responsibilities. Through trained and mentored CATS, 206 Adolescent and young people living with HIV were able to access comprehensive peer-led support services in various areas including SRHR, HIV, Nutrition, family planning, psychosocial counseling support etc. Also, Through Groups safe space or support groups, 156 AYPLHIV reached with comprehensive, correct information on sexuality, HIV/AIDS, STIs, pregnancy and contraception.

Also, 4 savings and lending groups of adolescents and young people were formed and operating. Groups also were linked to various institutions for further support including start-up capital and soft loans.

CONCLUSION AND NEXT YEAR PLANS

Again, we provide our sincerely thanks to our esteemed donors, supporters and collaborators in ensuring that our efforts toward supporting older and young people are making impacts to our beneficiaries. In collaboration with internal and external stakeholders we have impacted more than 30,000 older and young people in Kagera region-Tanzania. As it is described in our report, the year 2022 witnessed many efforts made towards our vision " *a community where older and young people live dignified, health and secure lives*". This report has highlighted major changes and efforts towards achieving this goal. Thus, there are also, any activities not mentioned in this report however they have contributed to reported changes and impacts to our beneficiaries.

In year 2023, Kwa Wazee plans to expand its activities and efforts in other districts of Kagera region. The implementation of promotion of COVID-19 vaccines in Biharamulo, Bukoba and Ngara district and READY project in Kyerwa has opened room and cemented collaboration of older people and government leaders in promoting rights and needs of older people in Kagera region. We hope for continued support and advise from diverse of collaborators in making our works more impactful to older and young people in Kagera region. Our team of staff (*in picture below*) is committed to advance empowerment of older and young people through inclusion of policies and practices while taking consideration the need of achieving sustainable development goals.

