



2021 ANNUAL REPORT

kwa waZee

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EXECUTIVE SUMMARY

This is activity report for the period of January –December, 2021. This report is designed to provide an update on activities done during this period as effort towards achievement of strategic plan. Also our activities are targeted to reduce common challenges to older and young people in Tanzania which are poverty, inequality, access to health and wellbeing care and hunger. With the attained impacts from our activities, it's a reflection of our commitments towards Sustainable Development Goals specifically goal no. 1, 2, 3, 8 and 10.

Kwa Wazee continues to provide social protection for old and young people through service delivery and advocacy. Minimum cash transfer, economic empowerment through training and support, violence prevention trainings, health promotion and support and advocacy are main parts of our social protection model. Our social protection model uses a holistic approach as a means of reducing vulnerability among beneficiaries.

Impacts of our activities done in 2021 are highlighted in this report. Our thanks go to our stakeholders both beneficiaries, collaborators and donors for their kind support towards our end over. Kwa Wazee is pleased to continue impacting more old people in Muleba District.

GREETINGS FROM OUR COORDINATOR

Dear friends of KWA WAZEE,

It is evident that we have come a long way since KWA WAZEE was founded in 2003. Our continuing hard work have been helping great number of people and changing their way of living. In addition to the wonderful news regarding our projects, we have of course continued our commitment in the area of gender equality, livelihood improvement and social protection to older and young people. A new year full of activities is opening up to us, and we hope to continue our momentum and meet the challenges that will come our way.

On behalf of KWA WAZEE,

I would like to thank office team, collaborators and supporters who, each in their own way, have showed credible cooperation and increased awareness of our activities to the community and make our actions possible. Our heartfelt gratitude also goes to our donors for their countless efforts and time invested into supporting our activities. Without a doubt, the root of this relationship is trust, and we are deeply honored by this.

I invite you to read about some of the highlights of the year in this report. I hope you enjoy it and we are happy to welcome any comment you might have. Thank you.

Lydia Lugazia
Coordinator.
KWA WAZEE

VISITORS TO OUR ORGANIZATION

This year we have received the following visitors to our organization

- Deputy Minister of Health, Community Development, Gender, Elderly and Children, Honorable Mwanaidi Ali Khamis
- Muleba District Commissioner, Mr. Toba Nguvila
- Member of Parliament, Hon. Oscar Kikoyo
- Tom Kafczyk from HelpAge International
- District HIV Prevention Committee

The picture below shows Hon. Mwanaidi Ali Khamis during her visit in Ikondo village where Kwa Wazee implements a Universal Pension pilot project.

We are honored to receive this kind of guests in our organization as they have showed increased cooperation of our collaborators to our organization and increased awareness of our activities among government officials.



OUR IMPACTS IN NUMBERS

- 1080 older people and 120 children reached with monthly cash transfer
- 294 older people (118 female and 176 male) got eye checkup during the mobile eye clinics and 16 got eye cataract operation
- 105 improved cooking stoves constructed, 9 rainwater tanks constructed and 10 tanks were repaired
- 144 self help groups visited and trained on income generating activities
- 74 revolving goats distributed to older people as empowerment
- 114 students supported with school fees

Cash transfer to older people, children and people living with AIDS

Kwa Wazee implements a social protection model as measure of combating poverty to vulnerable groups and efforts to end poverty in all its forms everywhere and attain Sustainable Development Goals (SDGs) Goal no. 1 "No Poverty". Our social protection model includes services delivery (cash transfer) and advocating for universal pension to older people through a pilot project. I

This year, 1080 older people and 120 children reached with unconditional cash transfer to 10 wards and universal pension pilot in two villages of Muleba District.

In assessing the impact of monthly cash transfers, 94 non self-collectors (76 males and 18 female) have been visited to control their funds delivered by their representatives in Kibanga, Mubunda, Ngenge Rwigembe, Kishuro and Nshamba and they reported that pensions have helped them to improve their lives as they have been taking care of their daily needs and treatment, invest in crop production and animal keeping.



Older people empowerment and support through organized self help groups



Kwa Wazee continued to support the organized self-help groups which are used as a tool for psycho-social support to old people by ensuring the following:

- We have distributed 48 goats to mutual groups and 25 goats to individuals as means of empowering them to sustainable livelihoods.
- 8 groups were also supported with total funds of 2,250,000/=Tsh to add on their capital for income generating activities.
- We supported 10 mutual groups with manures to fertilize their land and increase food production.
- Groups have saved a total of 11,276,200 Tsh.
- Construction of 105 improved stoves, 9 water tanks and 10 tanks were repaired.
- 213 older people trained in accountability and resiliency
- 12 groups and individuals were supported with manure to fertilize their lands
- 108 older people were trained in sustainable agriculture
- 13 groups were supported with seeds for production such as maize, beans, cassava, and sweet potatoes
- 78 older people were trained on keeping asset and use of them for more production
- Training 16 groups in making composite manure for agricultural use.

Health Promotion and Training

Kwa Wazee continued to mobilize eye camps clinics in villages to support older people to get eye treatment. As a results,

- 294 older people (118 female and 176 male) got eye checkup during the mobile eye clinic conducted in Kishuro in Ngenge Ward, Bumpande and Ikondo village in Ikondo Ward.
- 165 older people were supported with spectacles and 141 got eye drops. After clinics, 16 older people (9 female and 7 male) were supported with cataract operation

During monitoring it emerged a story of Avengelina Mhoza, a widow 73 years old from Bisheke village. She was identified by the older people representative who visited her and reported her to Kwa Wazee for cataract surgery. To her it was a miracle because she did not know if she could see again after 4 years of losing her two sights and being isolated by her family members.

During our visit this was her testimony" ***Currently I am able to do home activities and shamba work, make mat , visit relatives, go to church and attend village events"***



Also, in 2021 Kwa Wazee continues to improve the physical and mental health of older people by forming and training 20 new groups of health exercises trainings and making a total of 106 groups. Body exercises, eating healthy diet, water drinking are most topics which are facilitated during group health trainings.

Self-protection to older people



Kwa Wazee promotes equality in the community by working towards ending violence against young and old women through self-protection training. The monthly trainings aim at creating capability to older people to protect them against any form of violence. During this year, Kwa Wazee has introduced these trainings in Kimwani, Rulanda and Gwanseli village and 434 grannies have been trained and formed groups for monthly gatherings. Grannies have identified their leaders who will lead monthly gathering and trainings review, and Kwa Wazee has trained 196 assistant trainers during this year.

At the end of December, self-protection groups counted 2430 active participants who are actively participating in monthly gatherings. We have visited training groups to see how they are practicing defensive mechanisms and to identify their experience against sexual violence. Visit reports show that elderly have self-defense training has increased their resilience and strengthen their capacity to defend themselves and their properties thus reduced violence.

However, 8 violence cases have been reported from grannies during group visits. The reported cases were three cases of theft of granny properties, two cases were on land disputes, one case on witchcraft accusation and one case of attempted rape. Our pleased thanks go to community leaders who have helped us to solve these cases in desirable procedures.

Advocating for older people's right

Ageing issues cannot be stable unless they are included in the government policy. The competences and activeness within old people councils also has proven that older people are really expert of what affecting their life and if they are well empowered, they could play a significant role in influencing government policy changes.

During 2021 the advocacy movement were highly concentrated in advocating for: **Universal Pension, Being involved in different level of decision making, Enacting national ageing law and Accessibility of free and quality health services.** These has been included in the advocacy topics for long time. Here the only issue we wished is to see changes met through advocacy movements . The changes mate is that, 63% of older people within old people councils in 43 wards of Muleba confirmed to receive free medication from government health facilities, and 92% confirmed that they were given an official government identification letter from their village executive officers as the supporting document for them to get free medication

Also, 71% of representatives of older people confirmed that have been involved in different levels of government decision meetings and in 39 meetings conducted by old people councils over 70% invited of local, district, regional and nation political and government leaders were fully participated in those meetings which creates and makes a strong bridge between old persons and the government.

Addition to that in 2021 we facilitated Over 200 older persons from old people's councils to have an advocacy meeting with the general secretary of CCM (The ruling party in Tanzania) Hon. Daniel Chogolo (in picture below). A meeting was used as an opportunity to address their nation agenda which needs the political will and influences from the nation leaders. The areas reflected in the OCP's presentation were about Universal pension agenda, the access of free and quality health services, involvement of representatives from Old People's councils in government decision meetings and to be among of groups benefiting with loans offered by the district council.



The following was his response, *"Frankly speaking the Tanzania government is currently working on the area of Universal Health coverage, the issue of ageing law is also on pipeline, the issue of involving you this will be also included in your government plans but currently the issue of Universal Pension is not in our priority, let us start with the agenda of universal health coverage then the other topic will follow"* Said by Hon Daniel Chogolo the general Secretary of CCM (The ruling party)



Also, this year we have witnessed increased government officials have participations in older people issues and this was quoted from Hon. Toba Nguvula during one of the district meetings conducted by Kwa Wazee which involved leader of old people's councils, Ward Executive Officers and District head of departments *"We are here to work for our citizens and I am promising you wherever you need support from my office please feel free to call me or even by to come directly to my office, for sure my first priority will be for you"* .

Also in 2021 Kwa Wazee has supported 58 older people with different cases, offered legal training to 119 OPC's and community leaders, conducted 7 community dialogue, supported OPC in 43 Wards with stationeries and other working gears, facilitated 10 leaders of OPC to attend president meeting in Mwanza, facilitated the older people to commemorate the World Older People's day at the Regional level, and facilitated Regional OPC meeting and involved media in different advocacy movements

CHILD LED-ORGANIZATION (TATU TANO)

Working toward equal access to education

In working towards accessing quality education, Kwa Wazee has paid fees worth 12,620,000 Tanzania shillings to 114 students of which 34 are in vocational trainings schools and Teachers' Training Colleges and 80 are in Advanced Secondary Education schools. More than 2500 children are expected to receive scholastic materials in January to support them to attend schools during opening in January 2022. We have also, printed and distributed 1758 African story books and children learning groups to full fill the needs of children to boost their learning and reading skills. We are very pleased that there is improved academic performance of group members as 202 members joined secondary education in January 2021.



"I feel It" Project

This project aims at empowering young children from 6 to 10 years in fighting against fear, insecurity, and anxiety and gives the child confidence. This year we have trained 327 children's (202 girls and 125 boys) on friendship, communication, and complexity topics. In facilitating these topics, children have revealed that use of games in trainings has increased effective participation of children in groups as it make them to learn happily and connect them together.

Also, we have conducted three days training with 28 assistant trainers on friendship and self-confidence also we have facilitated 22 new trainers who will be able to teach a new handout; RAFIKI MDOGO (RM). Training also aimed at sharing experience from experienced trainers on challenges and best practices in facilitating trainings to children



Young people empowerment

In empowering young people, Kwa Wazee had organized 451 groups (Tatu-Tano groups) in 16 clusters of Muleba District with a total of 2600 members. Group members support each other in social problems and conduct various income generating activities as a source of foods, income and education support. This year, Kwa Wazee has:

- distributed 9 sheep and sheds, 65 goats, 15 rabbits 72 chickens and constructed 24 chicken sheds.
- provided vaccination for 500 chickens kept by children groups in two times.
- distributed 437 kg of beans, 194 kg of peanuts, 160 kg of maize, 240 groups received vegetable seeds: carrot seeds, eggplant, and tomatoes, bitter tomatoes, spinach, onions, cabbage, green peppers, watermelons

Our beneficiaries have reported that through Tatu-Tano groups they are able to afford their basic needs like foods and buy school materials like exercise books and pens, for instance the collected report shows that TZS 395,000 Tsh were used among group members for Health care support and 502,800 Tsh for education from their profit.

Girls Empowerment through self-defense trainings

Kwa Wazee-Tatu Tano continues empowers girls through self-defense trainings for girls so as they can determine themselves and defend themselves from any kind of violence especially sexual violence. 41 groups with 1729 participants which meet every Saturday, were monitored during this period. These groups do the body exercise, self-defense techniques and life skills were they discuss challenges they face and possible ways to solve them. During this year we conducted 9 courses trainings to 383 girls from Buganguzi Primary School, Bihanga Primary School, Burungura Primary School, Mubango Primary School, Katobago Primary School, Kanoni Primary School, Burungura Primary School, Kabutaigi Primary School and Nyakatanga TT.

We also conducted simple evaluation for all 97 assistant trainers in January to determine three their strength, their weaknesses, and way forward in increasing group participation in trainings. Assistant trainers identified their strength and weaknesses: 6 groups agreed to change the day of attending the training, 8 groups agreed to add new assistant trainers according to the number of participants and 9 groups to add new assistant trainers also because the present ones are supposed to continue with advanced studies. So, until March the number of attended participants has increased from 49% (in January) to 64%.

Peace is a Decision (PiaD)

A total of 175 boys from Rubya TT, Nshamba Secondary school, Biiirabo primary school, Mbatama primary school, Ngenge TT, Rwigembe TT, Nyakatanga TT, Ngenge Secondary, Katobago Primary School and Mubunda TT were trained on behavior changes, gender and society adaptations in fulfilling future dreams. During the training boys explained that there are some of actions that they had been doing to girls without knowing whether they are harm to girls, now, they are aware with violence and traditional practices which stimulate violence and ways to break the practices which affect gender equality. The boys promised to stop practices that leads violence against girls and change attitudes which promote violence to support girl's protection by cooperating together to build conducive environment for their

Also, 54 groups with 2065 members were visited including 100 new members who joined from January are not yet trained on PiaD courses. This year we have observed decreased number of participants who attends groups meetings. A work plan has been created by facilitators to ensure the number of participants is increasing in group meetings.